



## Measuring Guide

### Waist (At top of waistband)

Measure from one end of the waistband to the other with the garment laid down flat.

### Outside Leg

Measure from the top of the waist down to the bottom of the shorts along the side seam.



Pro Tec Rugby Shorts  
Code: AAAA111737

Pro Tec Rugby Shorts							
To fit waist (Inches)	18/20"	22/24"	26/28"	30/32"	34/36"	38/40"	42/44"
Waist (cm)*	24	28	32	38	43	48	53
Outside Leg (cm)	25	30	34	38	40	41	42

**\*Please note these are garment measurements - NOT body measurements.**

PLEASE NOTE THAT GARMENT MEASUREMENTS AND SIZE ARE A GUIDELINE TO BRITISH STANDARD SIZING.